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Here's some easy solutions to help get you started – take back control of your decisions, your life, your future!

Don't let ignorance blind you, or fear control you any longer!

Kiwis stand up all over NZ every day but you never hear about it because it's never reported by fake media - **you are not alone!**

- make a decision - talk without action serves no purpose
- common sense, critical thinking, intuition – combined, they are your super power!
- get back to nature and reconnect with spiritual self- **these are absolute musts**
- remove negativity, it keeps you in a state of fear- "*Where attention goes, energy flows*"
- stop complying - if we all said NO together, the madness would stop
- join community groups in your area and online – reconnect, we've been deliberately separated for a reason
- sign up for emails from reliable sources- eg: Free Speech Union, Taxpayers' Union, Guy Hatchard Report, No. 8 Workers Union, NZDSOS
- stop judgment and division - no one has the right to judge another
- challenge whatever you don't agree with
- beware of MSM and politicians – what are they NOT telling you?
- switch to independent journalists – there's plenty around
- get off devices – do you really have to take your phone with you, everywhere?
- expand your knowledge – pick a topic and research it
- unite - add your +1 to the nation's count – **www.peopleschoice.kiwi**
- use cash – we hold the power!
- move away from supermarket chains - they promote genetically modified foods for profit
- support local businesses, markets, farmers - of course, natural better than synthetic
- consider alternative medical options – research vaccine harm
- support forest of the fallen pop ups in your area